



CENTER FOR DIGESTIVE HEALTH

4600 Investment Dr. Suite 380
Troy, MI 48098

1701 E. South Blvd Suite 300
Rochester Hills, MI 48307

Phone: (248) 844-9710

Fax: (248) 844-9732

Website: www.troygastro.com

Surgical Centers of Michigan owners:

Sante D. Bologna, MD, FACP

John R. Weber, MD

Richard T. Wille, MD

Partha S. Nandi, MD, FACP

M. Emin Donat, MD FRCPC

Leonard G. Quallich III, MD

Anezi E. Bakken, MD, MS

Patient Name: _____

Procedure Date: _____ Procedure Time: (AM / PM)

****Your procedure time is tentative, please listen to your confirmation call****

Location:

(Map on back)

Troy Beaumont Hospital

44201 Dequindre Rd

Troy, MI 48085

(248) 964-5012

Physician:

Dr. Bologna

Dr. Weber

Dr. Wille

Dr. Nandi

Dr. Donat

Dr. Quallich

Dr. Bakken

COLONOSCOPY

(Miralax Preparation)

PRIOR TO PROCEDURE

Arrange for a driver to bring you to your appointment, stay with you, and drive you home after your procedure.

3 days prior to the procedure

- NO Iron Products
- NO Coumadin (Check with your doctor prior to stopping)
- If prescribed by your doctor please continue Aspirin & Plavix.

DAY BEFORE THE COLONOSCOPY

For the entire day prior to the colonoscopy, you should have a clear liquid diet.

Clear Liquids Include:

- Strained fruit juices, without pulp – Apple, White Grape, Lemonade
- Water, Kool-aid, Gatorade, Clear soda (Ginger-Ale, 7-up, etc.) Coffee or tea – without milk or creamer – sugar is permitted.
- Clear broth or bouillon, Plain Jell-O (without added fruit), Popsicles (any flavor except red, purple or blue).
- Yellow, orange, and green colors are permitted.
- You cannot have any food during this time period. No alcohol is permitted.

AT 3PM START MIRALAX PREP



Dulcolax laxative tablets & Miralax can be purchased over the counter, no prescription is required



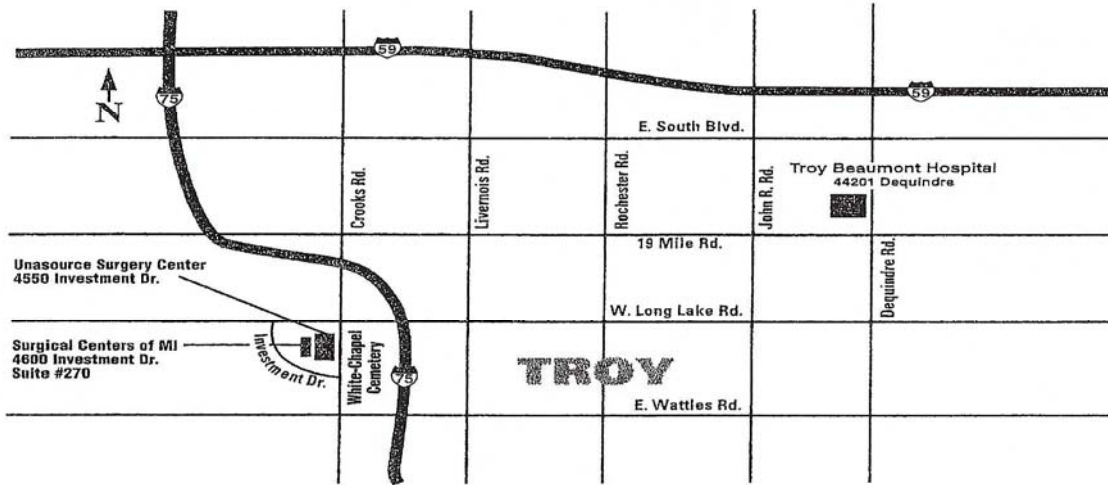
- 3pm – (2) Dulcolax laxative tablets with a glass of water.
- 6pm – Mix (1) 238 gram bottle of Miralax powder in 64 oz. of Gatorade. Drink an 8 oz. glass every 15-20 minutes until gone. (Approximately 1-1/2 – 2 hours)
- 9pm – (2) Dulcolax laxative tablets with a glass of water.
- Clear fluids until midnight and nothing to eat or drink after midnight.

DAY OF COLONOSCOPY

Nothing to eat or drink until after your procedure. If you are a diabetic, Insulin or Oral Diabetic, you should **not** take your insulin or oral medications until after the procedure. Please **do** take any blood pressure, seizure or heart medications with a small sip of water the morning of your procedure.

****Please bring a list of your medications the day of your procedure****

IF YOU NEED TO CANCEL OR RESCHEDULE YOUR PROCEDURE, PLEASE CALL (248) 844-9710.



BILLING

If you have any insurance or non-insurance concerns, please call our billing department at 586-726-8423 ext 5616. Please call us at least 10-14 days prior to your appointment. The billing department can discuss insurance coverage or payment arrangements if necessary.

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