



TROY GASTROENTEROLOGY PC

CENTER FOR DIGESTIVE HEALTH

www.troygastro.com

Endoscopic Ultrasound (Preparation)

You must be accompanied by a driver who will register with you, wait with you during your procedure, and drive you home. **Your procedure will be canceled if you have not arranged for this.**

IF YOU NEED TO CANCEL OR RESCHEDULE YOUR PROCEDURE, PLEASE CALL (248)844-9710.

THREE DAYS PRIOR TO THE PROCEDURE

- **NO** iron supplements or vitamins containing iron

DAY BEFORE THE PROCEDURE

- Nothing to eat or drink after midnight.

DAY OF THE PROCEDURE

- You may have nothing to eat or drink until after your procedure.
- If you are diabetic -- either **insulin-dependent** or **oral medication** -- you should **NOT** take your insulin or oral medications until after the procedure.
- Please **DO** take any blood pressure, seizure, or heart medications, with a small sip of water the morning of your procedure.
- If you are having a rectal endoscopic ultrasound, use two (2) Fleet enemas, one hour apart, on the morning of your procedure.
- ****** Please bring a list of your medications with you on the day of your procedure. ******

SHORT BED STAY

If your physician requests that your procedure requires a Short Bed Stay, plan on staying in the hospital, in a reserved bed, for a minimum of eight hours after your endoscopy.